

Instructions for "Closed" (Sutured) Wound Care Without External Sutures

WOUND CARE

1. Allow the pressure bandage to remain in place for 24 to 48 hours.
2. Keep wound dry for 24-48 hours
3. Remove outer pressure bandage and keep wound covered with flesh-colored tape which was placed over the wound after repair in our office.
4. Gently cleanse away any blood or drainage around flesh-colored tape using liquid antibacterial soap and water. Pat dry with a clean towel.
5. If flesh-colored tape has been applied over your incision: After 7 days gently massage Vaseline over the tape and allow it to remain in place for 3 – 5 minutes. Gently remove the tape in the direction of the incision.

WHAT TO EXPECT FOLLOWING SURGERY

1. Swelling, bruising, and redness around the wound are common. These symptoms typically resolve within several days.
2. A Low-grade fever (99°-101° F) following surgery may occur. A **NON-ASPIRIN** product may be used.
3. Discomfort at the surgical site may be experienced for several days following your surgery. One or two **NON-ASPIRIN** pain relievers taken every 4 hours may be used as needed. **CAUTION: Bufferin, Anacin, Goody Powders, Excedrin, and B.C. Powders all contain aspirin products.**
4. Significant bleeding is unlikely but may occur. Should you experience significant bleeding, it is recommended that you lie down and apply firm, constant pressure to the surgical site for minimum of 20 minutes. If bleeding continues, repeat the pressure on the surgical wound for an additional 20 minutes. In the event that bleeding persists, please contact our office as early as possible during the day so that we may make arrangements for your evaluation. If you are unable to reach our office or your doctor, please proceed to the nearest emergency room for evaluation and assistance.
5. Icepacks may be placed over the wound dressing during the first 24 hours. The icepack is placed over the wound for 15 minutes and may be repeated 4 times per day. You may also use a bag of frozen peas in substitution for an icepack.
6. Please contact our office or your local physician should you experience the following:
 - a. Excessive bleeding, swelling, redness, fever, or pain at your surgical site
 - b. Edges of your wound re-open or pull apart

Further questions can be addressed through our nurse line at 919-277-1017. Our normal business hours are Monday, Tuesday, and Thursday, 7:30am – 5:00pm, and Wednesday and Friday, 7:30am – 1:30pm.

IF BOX IS CHECKED, YOU HAVE BEEN GIVEN A PRESCRIPTION. PLEASE CHECK YOUR CARY SKIN CENTER BAG AND TAKE AS DIRECTED.