

## POST PUNCH BIOPSY INSTRUCTIONS

### INSTRUCTIONS:

1. Keep original bandage on site for 24 hours; do not get wet for this period of time.
2. After 24 hours remove old bandage, cleanse area with a mild soap and water solution (ex. Dove, Lever 2000, Dial, Caress etc).
3. Dry wound with a clean Q-tip, or pat dry.
4. Apply a thin layer of ointment (Vaseline or Polysporin) to wound. (DO NOT USE NEOSPORIN)
5. Reapplication of a dressing (bandaid) may be helpful at this time.
6. Repeat this procedure daily until your sutures are removed in \_\_\_\_\_ days.

### NOTE:

1. Keep area dry for 24 hours.
2. Avoid excess tension to area.

### WHAT TO EXPECT:

1. You may notice some redness, minor swelling and/or bruising around the wound. This will disappear in a few days.
2. Slight discomfort may be experienced; you can take a non-aspirin product as needed.
3. Bleeding is rare, but if it should occur, sit or lie down and apply firm, constant pressure to the wound for 15-20 minutes. If bleeding cannot be controlled after doing this at least two times, call this office at 919-363-7546 or your local doctor or emergency room.

Further questions can be addressed through our nurse line at 919-277-1017. Our normal business hours are Monday, Tuesday and Thursday from 7:30am – 5:00pm and 7:30am – 1:30pm on Wednesday and Friday.

**IF BOX IS CHECKED, YOU HAVE BEEN GIVEN A PRESCRIPTION. PLEASE CHECK YOUR CARY SKIN CENTER BAG AND TAKE AS DIRECTED.**