



INSTRUCTIONS FOR BLEEDING

If you experience active bleeding that leaks beyond the edges of your bandage, take the following steps to apply firm, direct pressure to the area:

- 1- Roll up a clean facecloth or hand towel into a cylinder shape and place it over your bandage.
- 2- Lie down so that the weight of your body places direct, firm and constant pressure on the rolled-up facecloth which is positioned over your bleeding wound.
- 3- Keep **continuous** pressure on the area for 30 minutes. Keep constant pressure without checking for bleeding.
- 4- After 30 minutes of continuous pressure, evaluate the bandage for continued bleeding beyond the edges. If bleeding is still noted, continue to apply direct pressure as indicated in steps 1-3. You should maintain a second period of 30 minutes of continuous pressure. After the second 30-minute period of pressure, examine the bandage again for bleeding beyond the bandage edges. If the bleeding has stopped leave the bloody bandage in place and call our office during regular office hours (listed below) for further instructions.
- 5- If your bleeding has not stopped following 60 minutes of constant pressure, call our office during regular business hours. If your bleeding continues and our office is closed, please proceed to the nearest emergency room should you require assistance.

Note: If it is necessary to contact our office, please do so as early as possible during the normal business hours listed below.

You may view a video concerning Mohs post-operative wound care here:



Further questions should be addressed through our clinic team line at 919-277-1017. Our normal business hours are Monday, Tuesday and Thursday, 7:30am– 5:00pm and 7:30am–1:30pm on Wednesday and Friday.

Calls to our physicians should be limited to medical emergencies only.